



UP-RES - Promoting Academic Achievement and Inclusion of Students Through Resilience Building

Erasmus+

Start: 01-09-2024 | **End:** 31-08-2026 | **Ref:** KA220-BY-24-18-256528

At Up-Res, our mission is to equip educators with the tools and strategies they need to build resilience in immigrant students, helping them overcome challenges and achieve academic success. We believe that resilience is key to not only improving academic performance but also fostering a more inclusive and supportive learning environment. Through innovative digital resources, evidence-based methodologies, and a collaborative platform, we aim to create a future where every student has the emotional and psychological strength to thrive.

We are committed to:

- Providing educators with practical, research-backed tools for resilience-building.
- Supporting immigrant students in navigating academic challenges with confidence.
- Promoting social inclusion through emotional and psychological well-being.

Activities

1. Development of the teacher guide, research report and scientific article
2. Development of resilience-building exercises and piloting in schools
3. Development of online training platform with scenario-based student resilience building modules, including AI-supported videos, interactive tasks and assessment tools: www.portal.up-res.eu
4. Dissemination of products in German, English, Polish, Spanish, Greek and Ukrainian

Impact - Project Results

1. Teacher guide
2. Research report
3. Scientific article
4. Resilience building exercises
5. Online training platform with scenario-based modules, AI-supported videos, interactive tasks and assessment tools
6. Introduction video and 3 short social media videos in German, English, Polish, Spanish, Greek and Ukrainian

Partners

Mindeltal Schulen - Coordinator (Germany) | UCAM University (Spain) | 4th Primary School of Kallithea (Greece) | Ukrainischer Verein Augsburg e.V. (Germany) | Fundacja dla Migrantów Dobry Start (Poland) | Mobile Adventure (Poland) | Lifelong Guidance (Greece) | Nova Education GmbH (Germany) | Gymnasium Eringerfeld (Germany)

Creating a sustainable, impactful community of learners, educators, and partners.